

October 2017 Lunch Menu

USD # 285 Cedar Vale Schools

Monday	Tuesday	Wednesday	Thursday	Friday
2. Breakfast Sticks WG cereal	3. Donuts WG Cereal	4. Breakfast Pizza WG Cereal	5. English Muffin w/Sausage WG Cereal	6.
Chicken Fried beef Patty Mashed Potatoes Gravy Corn Mandarin Oranges WG roll Cherry Tomatoes HS Fresh Fruit	Meatball Sandwich Potato Wedge Fresh Citrus Cup Dill Pickle Spears Baby Carrots HS Fresh Fruit	Chicken Wings Cheesy Potatoes Romaine Salad Green Beans Peaches WG Roll HS Fresh Fruit	Cheese burgers French Fries Pork & Beans Baby Carrots Pears Chocolate Chip cookie HS Fresh Fruit	
9. Blueberry Waffle WG Cereal	10. Scrumptious coffee Cake WG Cereal	11. Breakfast Pizza WG Cereal	12. Biscuits/gravy WG Cereal	13.
Beef Burrito Corn Pineapple Tidbits Mexican salad Cherry tomatoes HS Fresh Fruit	Cheeseburger Mac Romaine Salad Green Beans Dill spear Peaches Rosy apple sauce Baby carrots WG roll	Corn dog Baked Beans Potato Wedge Pears Baby Carrots Brownies HS Fresh fruit	Chicken rice casserole Romaine Salad Tropical Fruit Fresh Grapes California Blend Baby carrots WG Roll	
16. Breakfast Bites WG Cereal	17. Muffins WG Cereal	18. Breakfast Pizza WG Cereal	19. Cinnamon Roll Yogurt WG Cereal	20..
BBQ Rib Sandwich Hoagie Bun Romaine Salad Mandarin Oranges French fries Cole Slaw HS Fresh Fruit	Chicken & Noodles Mashed Potatoes Glazed Carrots Peaches Broccoli WG Roll HS Fresh Fruit	Soft Shell Taco Refried Beans Apricots Cucumbers Cinnamon Crisp HS Fresh Fruit	Cheeseburger Tater Tots Strawberries Bananas Baked Beans HS Fresh Fruit	
23. Donuts WG Cereal	24. Banana Crumb Muffins WG Cereal	25. Breakfast Pizza WG Cereal	26 Biscuits/gravy WG Cereal	27.
Tangerine Chicken Rice Romaine Salad WG Roll Mandarin Oranges Broccoli Fortune cookie HS Fresh Fruit	Chicken Strips Mac & Cheese Cherry Tomatoes Corn Rosy Applesauce WG Roll HS Fresh Fruit	Chili Fritos Celery Tropical Fruit Carrots Cinnamon Puff HS Fresh Fruit	Hot dog French Fries Banana Broccoli slaw Baby Carrot Snickerdoodles Hs Fresh Fruit	
30. Donuts WG Cereal	31. Scrumptious Coffee Cake WG Cereal			
Lasagna Romaine salad Corn Garlic Cheese sticks Mixed Fruit Cup HS Fruit	Mummy Pizza Swamp Salad Zombie Teeth Purple People Eyes Graveyard Dirt Cups Monster Cookies HS Adams Apple			

Breakfast is served with choice of milk, juice and fruit.

Lunch is served with choice of milk.