

**CEDAR VALE JUNIOR HIGH**  
**November 2017**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1: 2017-2018 Breakfast: Pizza Lunch: Taco burger, roll, mandarin oranges, tortilla chips, refried beans, cherry tomatoes (HS Fresh Fruit)	2: 2017-2018 Breakfast: English muffin & egg patty Lunch: Chicken fajita, wrap, broccoli w/ cheese, strawberries, grilled onions & green peppers, Spanish rice (HS Fresh Fruit)	3	4
5	6: 2017-2018 Breakfast: Strawberry pancakes Lunch: Chicken nuggets, potato wedges, carrots, rosy applesauce, cinnamon puffs (HS Fresh Fruit)	7: 2017-2018 Breakfast: Cinnamon roll & yogurt Lunch: French bread pepperoni pizza, Romaine salad, corn, Melon fruit, pineapple tidbits, & cinnamon crisp	8: 2017-2018 Breakfast: Pizza Lunch: Tator tot casserole, Romaine salad, fruit fluff, green beans, roll, fresh orange, & cherry tomatoes	9: 2017-2018 Breakfast: Biscuits & gravy Lunch: Super nachos, tortilla chips, refried beans, fresh grapes, cucumbers (HS fresh fruit)	10	11
12	13: 2017-2018 Breakfast: Breakfast stick Lunch: Chicken fried beef patty, mashed potatoes, roll, mandarin oranges, corn, cheery tomatoes (HS fresh fruit)	14: 2017-2018 Breakfast: Donuts Lunch: Meatball sandwich, hoagie bun, potato wedges, fresh citrus cup, dill pickle spear, baby carrots (HS fresh fruit)	15: 2017-2018 Breakfast: Pizza Lunch: Chicken wings, Romaine salad, peaches, cheesy potatoes, roll, green beans (HS fresh fruit)	16: 2017-2018 Breakfast: English muffin & sausage patty Lunch: Turkey, mashed potatoes, green bean casserole, corn, stuffing, fruit salad, roll, & pumpkin pie	17	18
19	20: 2017-2018 Breakfast: Pizza Lunch: Corn dogs, French fries, pork and beans, carrots, and peaches	21: 2017-2018 Breakfast: Biscuits & gravy Lunch: Uncrustables, Sunchips, carrots, & bananas	22: Announcement: NO School	23: Announcement: Thanksgiving	24	25
26	27: 2017-2018 Breakfast: Blueberry waffles Lunch: Beef & bean burrito, corn, pineapple tidbits, Mexican salad, cherry tomatoes (HS Fresh Fruit)	28: 2017-2018 Breakfast: Scrumptious Coffee Cake Lunch: Cheeseburger Mac, Romaine salad, green beans, dill pickle spear, rosy applesauce, carrots, roll, and peaches	29: 2017-2018 Breakfast: Pizza Lunch: Corn dog, Tator Tots, baked beans, pears, brownies, carrots (HS fresh fruit)	30: 2017-2018 Breakfast: Biscuits & gravy Lunch: Chicken rice casserole, Romaine salad, tropical fruit, fresh grapes, California blend, roll, & carrots		