

**CEDAR VALE HIGH SCHOOL**  
September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3	4: 2018-2019 Breakfast: Breakfast Bites Lunch: BBQ Rib Sandwich, WG Hoagie Bun, Romaine Salad, Mandarin Oranges, French Fries, Coleslaw (HS Fresh Fruit)	5: 2018-2019 Breakfast: Banana Crumb Muffin Lunch: Chicken & Noodles, Mashed Potatoes, Glazed Carrots, Rosy Applesauce, Broccoli, WG Roll, (HS Fresh Fruit)	6: 2018-2019 Breakfast: Breakfast Pizza Lunch: Soft Shell Taco, WG Tortilla Shell, Refried Beans, Apricots, Cucumbers, Cinnamon Crisps, (HS Fresh Fruit)	7: 2018-2019 Breakfast: Cinnamon Roll, Yogurt Lunch: Cheeseburger, Tater Tots, Strawberries, Bananas, Baked Beans	8
9	10: 2018-2019 Breakfast: Donuts Lunch: PBJ, Chips, Baby Carrots, Bananas, Brownies	11: 2018-2019 Breakfast: Muffins Lunch: Chicken Strips, Mac & Cheese, California Blend, Corn, Rosy Applesauce, WG Roll, (HS Fresh Fruit)	12: 2018-2019 Breakfast: Breakfast Pizza Lunch: Chili w/Beans, Fritos, Celery, Tropical Fruit, Cinnamon Puff, Carrots, (HS Fresh Fruit)	13: 2018-2019 Breakfast: Biscuits & Gravy Lunch: Hot Dog w/Bun, Tater Tots, Snickerdoodles, Banana, Cucumbers, Carrots, (HS Fresh Fruit)	14	15
16	17: 2018-2019 Breakfast: French Toast Lunch: Lasagna, Romaine Salad, Corn, Garlic Cheese Sticks, Fresh Mixed Fruit Cup, Carrots, (HS Fresh Fruit)	18: 2018-2019 Breakfast: Scrumptious Coffee Cake Lunch: Chicken Spaghetti, Romaine Salad, Green Beans, Peaches, WG Roll, Cherry Crisp	19: 2018-2019 Breakfast: Breakfast Pizza Lunch: Taco Burger, Mandarin Oranges, Refried Beans, Tortilla Chips, Cherry Tomatoes, (HS Fresh Fruit)	20: 2018-2019 Breakfast: English Muffin, Egg Patty Lunch: Chicken Fajita, WG Wrap, Grilled Onions & Green Peppers, Broccoli w/Cheese, Strawberries, Spanish Rice, (HS Fresh Fruit)	21: 2018-2019 School: P/T Conference Time 9/17=240 minutes	22
23	24: 2018-2019 Breakfast: Strawberry Pancakes Lunch: Chicken Nuggets, Potato Wedges, Carrot/Dip, Rosy Applesauce, Cinnamon Puff, (HS Fresh Fruit)	25: 2018-2019 Breakfast: Cinnamon Roll, Yogurt Lunch: French Bread Pepperoni Pizza, Romaine Salad, Corn, Melon Fruit, Pineapple Tidbits, Cinnamon Crisps	26: 2018-2019 Breakfast: Breakfast Pizza Lunch: Tater Tot Casserole, Romaine Salad, Green Beans, WG Roll, Fruit Fluff, Fresh Oranges, Sliced Tomatoes	27: 2018-2019 Breakfast: Biscuits & Gravy Lunch: Super Nachos/Beef, Tortilla Chips, Refried Beans, Fresh Grapes, Cucumbers, (HS Fresh Fruit)	28	29
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